



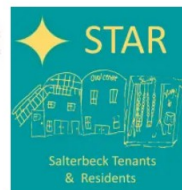
2026

18th September 2026
16th October 2026
20th November 2026
18th December 2026

**THE OVAL FOOD PANTRY IS HELD 11 AM THE 3RD
FRIDAY OF EVERY MONTH FROM 11AM.
NO REFERRAL NECESSARY.**



Club of Workington Derwent



The ♥ of Salterbeck!



**WHAT'S HAPPENING
SUMMER / AUTUMN 2026**



Salterbeck Drive, Workington, CA14 5HA
Tel: 01946 834713 Email: theoval@riverside.org.uk





Get Connected

Struggling to get online?

We now have new computers at the Oval Centre, which are free to use and have data wiping software to keep you safe.

Need further help?

Join us for our Digital Inclusion sessions, every Wednesday from 10-12pm



Under 16 yrs must be accompanied by an adult



RENT OUR VENUE



With advanced audio/video options and free parking. Our venue is suitable for a wide variety of activities and events to serve the community.

**TRAINING • CORPORATE EVENTS • TEAM-BUILDING
CLUBS • BIRTHDAY PARTIES**

Telephone: 01946 834713
Email: TheOval@riverside.org.uk



Grief Café



We provide a safe space for people to come together to chat.

**We can support you through the difficult times.
Everyone is welcome to come and go as they please.**

The group is held at:

**The Oval Centre, Salterbeck Dr,
Salterbeck, Workington CA14 5HA**

from 2pm - 3pm on the following dates:

Thursday 20th August 2026

Thursday 24th September 2026

Thursday 22nd October 2026

Thursday 26th November 2026

**Register your place via
www.togetherwe.uk/recovery-college**

Contact us for more information

✉ hello@ncrecoverycollege.org
☎ 0808 1961773



STAR – Where Community Shines



S.T.A.R (Salterbeck Tenants and Residents) C.I.C is undergoing an exciting relaunch, with new Directors and a new logo.

We remain as committed as ever to supporting the local community in Salterbeck.

Operating from the Oval Centre, STAR works in partnership with Oval Centre staff and Riverside to create inclusive opportunities that build community pride, encourage participation, and strengthen resilience. We endeavor to deliver a year-round programme of family-friendly activities, including seasonal events, children's pantomimes and community activities.

These activities help residents build connections and reduce social isolation.

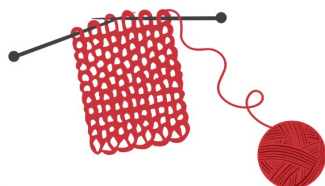
As we are currently a small group, we would really welcome support from volunteers or anyone interested in getting involved in delivering these services in Salterbeck. Even a few hours a month can make a real difference, and we would love to hear from you.

In the meantime, we would greatly appreciate it if you could take a few minutes to complete our survey by scanning the QR code below.





G E E K
C Y C L E



Join us for a mixture of art & craft, woodwork, textiles and needlepoint - anything creative with an emphasis on keeping it environmentally friendly.

If you'd like to learn a new skill, drop in, we have years of experience.

Every Friday at 1.30

The Oval Centre, Salterbeck Drive, Workington, CA14 5HA

Call 07379 181 234



The Oval Centre MUGA



Keep Active, Have Fun, and
Play All Summer Long!



WHAT IS ON OFFER?

- Multi-Use Games Area (MUGA) open daily.
- Perfect for football, basketball, and netball.
- Safe, outdoor, and secure sports surface.
- Great way to meet friends and stay active.



OPENING HOURS

Monday to Friday
10:00 am to 4:00 pm



COST

100% FREE for all local residents!
Proof of address may be required.



GROUP BOOKINGS

Sports teams, clubs, and large groups welcome. Advance booking required for organized groups.

Call 01946 834713 to secure your slot.
Or email theoval@riverside.org.uk



LOCATION

The Oval Centre, Salterbeck, Workington



No need to book if you are just turning up with friends to play!
Grab your trainers and your ball, and head down today!





Do you have leftover unwanted paint? If so, we need it!

50m litres of paint goes to landfill every year in the UK, approximately 50% of this is reusable. The aim of the Oval Paint Pot is to stop paint going to landfill and waterways.

Do you need paint? If so, we have it!

We can offer paint free of charge to community groups and ??

Unwanted wooden furniture? If so, we need it!

We also be up-cycle furniture to be sold at low cost to to help reduce furniture poverty.

Interested? We need you!

We are looking for enthusiastic volunteers.

This is a wonderful opportunity to build your skills or, if you already have skills the chance to pass them on. Come and join one of our groups The Radical Recyclers or Geek Squad.

For more information please call Patch on
07379 181 234



NADT
NORTH ALLERDALE
DEVELOPMENT TRUST

SALTERBECK YOUTH GROUP

EVERY
MONDAY
NIGHT

6.30PM
-8.30PM
FOR 8-16 YRS

YOUR SPACE.
YOUR CHOICE.
YOUR CREW.
BE THERE!

COME AND TAKE PART IN FUN ACTIVITIES

SPORTS

**OUTDOOR
GAMES**

OR JUST
CHILL OUT
IN THE
CAFE AREA

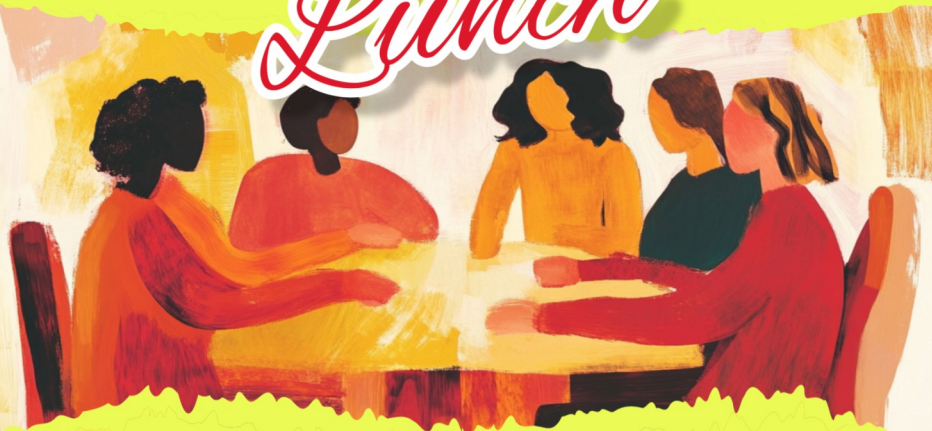
2 YEARS STRONG. NEW SUMMER SESSIONS. MORE TOGETHER.
MORE FUN. YOU BELONG HERE.

The Oval Centre
WORKINGTON CAT4 SHA

Riverside
Transforming lives
Revitalising neighbourhoods

GET IN TOUCH!
youthteam@nadcommunity.com
@nadtyouth
@nadtyouth

Community Lunch



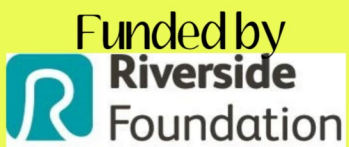
LUNCH & PRIZE BINGO

£2 donation appreciated for prizes

The Oval Centre, Salterbeck Drive,
Salterbeck, CA14 5HA

Every Monday & Wednesday
12-2pm

BOOKING ESSENTIAL
Please call 01946 834713



Do you have a few hours to spare?

Would you like to meet new people, learn new skills,
and make a real difference in your community?

We're looking for friendly, reliable volunteers to help
with:

Salterbeck Youth Group
Digital Inclusion
Community Lunches
Helping at events

**No experience
needed, just a
willingness to get
involved**

For more information
contact Emma on 01946 834713

